

## 2023 DrumStock Retreat [tentative] Schedule

Saturday 9/16/23

10:00 – 5:00 camping check in

Optional Add-on:

3:00 Meet at the GRO Briefing area w/Cassia for Sound Therapy Session

4:15 Meet at GRO Briefing area w/Gina for Belly Dance Intro

5:30 Dinner ticket required meet at “Creativity” Artisan Eats Providing a taco bar

7:00 Drum Circle, Facilitator Cassia Duches at “Creativity”

7:00 – 11:00 Bonfire at “Creativity”

Sunday 9/17/23

9:45 Meet at GRO briefing area for Yoga with Charlotte

11:30 Check in at GRO shop for 12pm kayak trip

3:00 take-out at GRO river access at the Path of Life Garden

End of Event .....See you next year!